



# Go to My Next Activity

## My Activities

Fundamentals Ch. 1 What is COPD?  
*Assigned: 7/15/2015*

Bonus Course - Home Hacks  
*Assigned: 7/15/2015*

Bonus Course - Smoking  
*Assigned: 7/15/2015*



Trophy Room

700 / 1000  
Points  
Fundamentals



Badge Title

1



My Journey

2



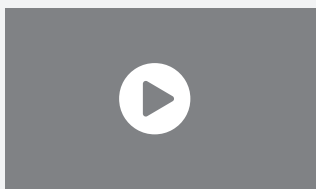
Message My  
Coach



Explore Better  
Breathing Vault

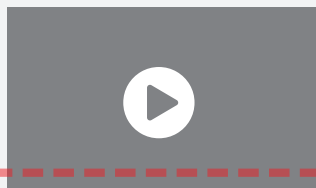
## Peer Stories

Share My Story



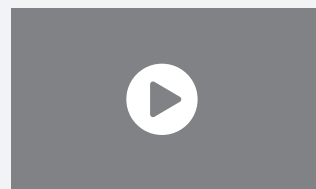
[Awesome Home Hack Ideas](#)

This home hack could help save your life!



[How I Quit Smoking](#)

Hear about how a smoker of 30 years finally quit.



[How I Ran a Marathon](#)

Just when you thought it was impossible.



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1

My Activities



1

My Journey



2

Message My Coach




Explore Better Breathing Vault

### Points & Badges


Chapter 1

**140 / 200 Points**

700 / 1000 Points  
Fundamentals



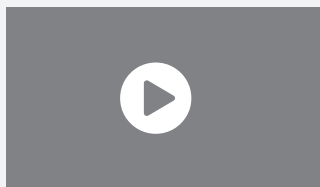
Trophy Room



Badge Title

### Peer Stories

Share My Story



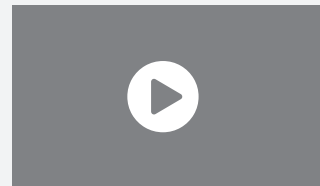
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My Activities



My Journey



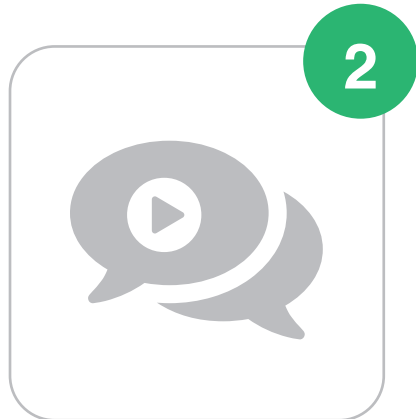
Message My Coach



Explore Better Breathing Vault



Trophy Room



Peer Stories